

Programme

Friday 19 April

9 - 10am

Registration

10am - 4.30pm

Presentations of Clinical and Academic Papers

7.30pm

Drinks and Canapes

Saturday 20 April

9.30am - 12.30pm

Keynote Speaker

Dr Katalin Varga

Phenomenology of Hypnosis Interaction

Basic research data on the phenomenological involvement of both participants in hypnosis interaction, with special reference to the subjective experiences of hypnotists.

Suggestive Techniques in Medical Settings

Clinical research material, and cases on this in various areas of medicine (intensive care, perioperative settings, orthopaedic surgery, eye surgery, etc).

1.30 - 4.30pm

Hypnosis in Managing Bruxism

Dr Kevin Davey and Dr Mike Gow

In this session Dr Davey and Dr Gow will briefly discuss the signs, symptoms, aetiologies and incidence of bruxism.

A useful patient bruxism assessment questionnaire will be introduced. Drs Davey and Gow will explore the current evidence base of the use of hypnosis in managing bruxism, and present their own findings. They will then describe and demonstrate several techniques which can be used in bruxism cases.

Saturday 20 April (cont)

5pm

BSCAH AGM

Conference Dinner - with live band

Sunday 21 April

9.30am - 12.30pm

How to Teach Someone to Realize the Power of Words in Medical Practice. Useful Exercises

Dr Katalin Varga

In this workshop I will present some of those exercises that we are using in training medical professionals. These exercises are focusing on the importance of rapport, communicating in situations of emotional involvement, use of suggestive techniques in critical situations, applying simple metaphors, etc. The approach is based on the observation that the patients in medical settings are in a state very close to the hypnotic state, so any comment may function as a powerful hypnotic suggestion.

The participants of the workshop will have the opportunity to take part in these exercises. We will discuss the relevance of these experiences in training professionals (nurses, psychologists, doctors, physiotherapists, etc).

1.30 - 3.30pm

Hypnosis: The Versatile Vulnerable Brain

Dr Peter Naish

It will be argued that hypnosis is possible only because the human brain is remarkably versatile. However, that versatility, so useful in the therapeutic setting, is in some measure only one side of a coin; the other is instability. As a result, not only may extreme hypnotisability sometimes be a consequence of previous damaging experiences, it also renders the hypnotised person vulnerable to iatrogenic effects.

Conference Booking Form

Full Conference

(includes conference dinner) £340

Early Bird

(booked before 28 February 2013) £300

Additional guest

for conference dinner £30

I wish to apply for the full conference

I will be bringing additional guest(s) for the Saturday dinner.

I enclose a cheque (made payable to BSCAH Eastern Counties Branch) for

Name

Address

Phone

email

Special dietary requirements

For accommodation, please contact the hotel directly stating rate for hypnosis conference delegate (requires code: NH5, delegate rates applies until 15th March, thereafter full rates will apply).

Holiday Inn, 129 St Nicholas Circle, Leicester LE1 5LX
tel: 08719429048 www.hileicesterhotel.co.uk

Call for Papers

We welcome proposals to present clinical and research papers at the conference. Depending upon numbers of submissions and "meatiness" of each paper, we anticipate that presentations will be allotted about 40 minutes, to include questions.

Please email a title and brief abstract to Peter Naish (peter.naish@open.ac.uk). He is happy to offer advice, if you have the makings of a talk, but are not sure how to present it.

Please send conference booking form and cheque to:

Mrs Karen Mackrodt
The Hypnosis Unit
The Laurels Surgery
Church Road
Boreham
Chelmsford
Essex
CM3 3DX

Phone: 01245 467364

email: karen.mackrodt@nhs.net

Early Bird Deals available

Speakers

Dr Katalin Varga

She is an assistant professor at Eötvös Loránd (ELTE), the head of the Department for Affective Psychology, President of the Hungarian Association of the Hungarian Association of Hypnosis. She graduated as a psychologist in 1986. From 1996 she has been working with patients of somatic medicine, mostly critically ill, applying suggestive and hypnotic techniques.



She is the founder and professor of the postgraduate training in suggestive communication in somatic medicine, co-organised by the Hungarian Association of Hypnosis and Semmelweis University School of Medicine, Budapest. She has published several articles about research on hypnosis and the clinical experiences on the application of suggestive techniques with the critically ill.

Dr Kevin Davey & Dr Mike Gow

Innovative dentists using hypnosis within their professional lives. Both have contributed greatly to the literature using hypnosis for dental procedures and teach on various professional courses the role of hypnosis.

Dr Peter Naish

Peter is Visiting Reader in Psychology at the Sackler Centre for Consciousness Science, University of Sussex. He is the current President of the Section for Hypnosis and Psychosomatic Medicine, at the Royal Society of Medicine, is Chair of Council of the BSCAH, and Chairs the Scientific Advisory Board of the British False Memory Society.



The ROYAL
SOCIETY of
MEDICINE



Annual Joint Conference

Symptom Removal with Hypnosis

Applications in clinical medicine;
The do's and don'ts

European Certificate of Hypnosis CPD Approved (18CPs)



April 19 - 21 2013

Holiday Inn
Leicester City, England

Guest Keynote Speaker

Dr Katalin Varga

President of Hungarian
Association of Hypnosis